



City of Helotes

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Coronavirus (COVID-19) Update – March 4, 2020

City of Helotes officials are actively monitoring COVID-19

The City of Helotes Office of Emergency Management is actively monitoring the coronavirus (COVID-19) that was first reported in China in December 2019. This means that City leadership and first responders are keeping abreast of changing conditions and taking appropriate precautions to minimize the risk in Helotes.

What is COVID-19

COVID-19 is a respiratory illness that can spread from person to person. Similar to other viruses, such as the seasonal flu, the virus may also linger on surfaces and objects.

Symptoms

Patients with COVID-19 have had mild to severe respiratory illness symptoms, including fever, cough, and shortness of breath. According to the Centers for Disease Control (CDC), symptoms may appear from 2-14 days after exposure.

Treatment

Currently, there is no antiviral treatment for COVID-19. Patients with COVID-19 may seek medical care to help relieve symptoms, if needed. Contact your healthcare provider for special instructions before seeking care.

Prevention

The following steps are recommended to stop the spread of germs, including COVID-19:

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects and surfaces every day.
- Stay home when you are sick, except to get medical care.
- Wash hands with soap and water for at least 20 seconds often throughout the day.

City of Helotes Special Events

All City of Helotes special events, such as the first Saturday Helotes MarketPlace and Cornyval Parade will continue as planned. Follow the City of Helotes on social media for updated news regarding events.

Questions

Email us at publicrelations@helotes-tx.gov or call 210-695-5916.